

# North Monterey County Unified School District

## Elementary Lunch Menu

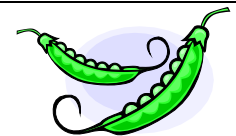
February 2012



Monday	Tuesday	Wednesday	Thursday	Friday
Menu subject to change. *May Contain Pork V=Vegetarian	Lunch: \$2.50 Online payments at: mynutrikids.com	1 *Pork Rib B Q on a Bun	2 Nachos Grande Refried Beans(V) or Beef Taco Meat	3 *Pepperoni or Cheese Pizza(V)
6 Beef Chalupa	7 Grilled Cheese(V) or * <b>BBQ Chicken on Flatbread</b>  *New Item	8 Roast Turkey and Gravy	9 Grilled Chicken Patty on a Whole Wheat Bun	10 *Pepperoni or Cheese Pizza(V)
13  Staff Development  No School	14 Beef Taco Stick  	15 Macaroni & Cheese(V) Bread Stick	16 Chicken Nuggets Tater Tots	17 *Pepperoni or Cheese Pizza(V)
20  President's Day  No School	21 Max Sticks(V)	22 <u>Upside Down Day</u> Mini Whole Grain Pancakes Peanut Butter(V)	23 All Beef Hot Dog Whole Wheat Bun Fritos	24 *Pepperoni or Cheese Pizza(V)
27 Bean and Cheese Burrito(V)	28 Orange Chicken and Rice	29 Turkey Chili Corn Muffin	March 1 Chicken Tenders Tater Tots	March 2 *Pepperoni or Cheese Pizza(V)



### Garden Bar Choices



Monday	Tuesday	Wednesday	Thursday	Friday
Baby Carrots Chilled Applesauce Rosy Apples Raisins	Mixed Garden Greens Corn Niblets Crunchy Carrot Sticks Celery Sticks	Banana Jicama Sticks Chilled Peaches Sugar Snap Peas	Orange Smiles Broccoli Florets Cauliflower Florets Raisins	Kiwi Fresh Seasonal Fruit/Vegetable Diced Pears

Lunch: \$2.50

Fresh Salads, Sandwiches (V) and Fruit/Yogurt Parfaits (V) offered daily.